



## 2024 Student - School Climate, Safety and Wellness

### School Climate, Safety and Wellness Inventory (6th-8th Grades)

We want to know how you are doing and how you feel about your school! This survey is anonymous, so no one will see your individual answers. Please give us your honest opinions so that we can better understand your experience and work to make your school a better place. Some of the questions are about sensitive topics like bullying, mental health, and safety. If you think you might have difficulty doing this survey, please let your teacher know.

### School Climate and Culture

In this section, we would like to understand how you feel about your school.

1. How excited are you about going to your classes?

- Not at all excited     
  Slightly excited     
  Somewhat excited     
  Quite excited     
  Extremely excited

2. How often do your teachers seem excited to be teaching your classes?

- Almost never     
  Once in a while     
  Sometimes     
  Frequently     
  Almost always

3. Overall, how high are your teachers' expectations of you?

- Not high at all     
  Slightly high     
  Somewhat high     
  Quite high     
  Extremely high

4. How connected do you feel to the adults at your school?

- Not at all connected     
  Slightly connected     
  Somewhat connected     
  Quite connected     
  Extremely connected

5. How much do you matter to others at this school?

- Do not matter at all     
  Matter a little bit     
  Matter somewhat     
  Matter quite a bit     
  Matter a lot

6. How positive or negative is the energy of the school?

- Very negative     
  Somewhat negative     
  Neither negative nor positive     
  Somewhat positive     
  Very positive

7. How pleasant or unpleasant is the physical space at your school?

- Very unpleasant     
  Somewhat unpleasant     
  Neither pleasant nor unpleasant     
  Somewhat pleasant     
  Very pleasant

8. How much respect do students in your school show you?

- No respect at all     
  A little bit of respect     
  Some respect     
  Quite a bit of respect     
  A lot of respect



9. At your school, how unfairly do the adults treat the students?

- Not at all unfairly       Slightly unfairly       Somewhat unfairly       Quite unfairly       Extremely unfairly

10. How fair or unfair are the rules for the students at this school?

- Very unfair       Somewhat unfair       Neither unfair nor fair       Somewhat fair       Very fair

11. At your school, how much does the behavior of other students hurt or help your learning?

- Hurts my learning a lot       Hurts my learning a little bit       Neither helps nor hurts my learning       Helps my learning a little bit       Helps my learning a lot

12. How often do you have the opportunities to demonstrate your understanding in a way that is different from a test or quiz?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

13. Have you had an opportunity to make a difference at your school about something that matters to you?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

14. My school tries to involve all families in school activities.

- Strongly Disagree       Disagree       Neutral       Agree       Strongly Agree

15. How well do people at your school understand you as a person?

- Do not understand at all       Understand a little       Understand somewhat       Understand quite a bit       Completely understand

16. Overall, how much do you feel like you belong at your school?

- Do not belong at all       Belong a little bit       Belong somewhat       Belong quite a bit       Completely belong

### Supportive Relationships

Please tell us about supportive relationships in your life.

17. How many of your teachers are respectful towards you?

- None of my teachers       A few of my teachers       About half of my teachers       Most of my teachers       All of my teachers

18. If you walked into class upset, how many of your teachers would be concerned?

- None of my teachers       A few of my teachers       About half of my teachers       Most of my teachers       All of my teachers



19. If you came back to visit class three years from now, how many of your teachers would be excited to see you?

None of my teachers

A few of my teachers

About half of my teachers

Most of my teachers

All of my teachers

20. When your teachers ask how you are doing, how many of them are really interested in your answer?

None of my teachers

A few of my teachers

About half of my teachers

Most of my teachers

All of my teachers

21. How many of your teachers would you be excited to have again in the future?

None of my teachers

A few of my teachers

About half of my teachers

Most of my teachers

All of my teachers

22. Do you have a teacher or other adult from school who you can count on to help you, no matter what?

No

Yes

23. Do you have a family member or other adult outside of school who you can count on to help you, no matter what?

No

Yes

24. Do you have a friend from school who you can count on to help you, no matter what?

No

Yes

25. Do you have a teacher or other adult from school who you can be completely yourself around?

No

Yes

26. Do you have a family member or other adult outside of school who you can be completely yourself around?

No

Yes

27. Do you have a friend from school who you can be completely yourself around?

No

Yes

### School Safety

These questions are about how safe and respected you feel at your school.

28. I feel safe at my school.

Strongly disagree

Disagree

Neutral

Agree

Strongly agree



29. I know what to do in case of an emergency at my school.

No       Yes

30. How often are people disrespectful to others at your school?

Almost never       Once in a while       Sometimes       Frequently       Almost always

31. How often do students get into physical fights at your school?

Almost never       Once in a while       Sometimes       Frequently       Almost always

32. How likely is it that someone from your school will bully you online?

Not at all likely       Slightly likely       Somewhat likely       Quite likely       Extremely likely

33. How often do you worry about violence at your school?

Almost never       Once in a while       Sometimes       Frequently       Almost always

34. For bus riders: I feel safe when I ride the school bus.

Strongly disagree       Disagree       Neutral       Agree       Strongly agree       I do not ride the bus to school.

35. If you walk or ride your bike to school: I feel safe on my way to school.

Strongly disagree       Disagree       Neutral       Agree       Strongly agree       I do not walk or ride my bike to school.

36. If a student is bullied in school, how difficult is it for them to get help from an adult?

Not at all difficult       Slightly difficult       Somewhat difficult       Quite difficult       Extremely difficult

Cultural Awareness

37. How often do teachers encourage you to learn about people from different races, ethnicities, or cultures?

Almost never       Once in a while       Sometimes       Frequently       Almost always

38. How often do you think about what someone of a different race, ethnicity, or culture experiences?

Almost never       Once in a while       Sometimes       Frequently       Almost always



39. How confident are you that students at your school can have honest conversations with each other about race?

- Not at all confident       Slightly confident       Somewhat confident       Quite confident       Extremely confident

40. At your school, how often are you encouraged to think more deeply about race-related topics?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

41. How comfortable are you sharing your thoughts about race-related topics with other students at your school?

- Not at all comfortable       Slightly comfortable       Somewhat comfortable       Quite comfortable       Extremely comfortable

42. How often do students at your school have important conversations about race, even when they might be uncomfortable?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

43. When there are major news events related to race, how often do adults at your school talk about them with students?

- Almost never       Once in a while       Sometimes       Frequently       Almost always

44. How well does your school help students speak out against racism?

- Not at all well       Slightly well       Somewhat well       Quite well       Extremely well

45. Students at my school are respected and valued regardless of race/ethnicity, gender identity/expression, sexual orientation, income level, learning differences, or any other differences.

- Strongly disagree       Disagree       Neutral       Agree       Strongly agree

46. During the past 12 months, how often have you been treated differently at school because of your race or ethnicity?

- Never       Rarely       Sometimes       Most of the time       Always

### Health and Wellbeing

These questions are about your overall health and wellness.

47. During the past 12 months, how many times have you moved?

- I have moved 0 times       I have moved 1 time       I have moved 2-4 times       I have moved 5 or more times



48. During the past 12 months, have you or your family worried about a place to live?

No       Yes

49. During the past 30 days, how often did you go hungry because there was not enough food in your home?

Never       Rarely       Sometimes       Most of the time       Always

50. My family expects me to attend school every day.

Strongly disagree       Disagree       Neutral       Agree       Strongly agree

51. During a typical day, how many hours do you spend on a media device for a purpose other than homework (for example, phone, gaming system, computer, laptop/tablet)?

Less than 1 hour       Between 1-3 hours       Between 3-6 hours       6 or more hours

52. How often can you use your phone, computer or other media devices without any rules by your parents/guardians?

Almost never       Once in a while       Sometimes       Frequently       Almost always

53. The new cell phone policy has improved the school environment.

Strongly disagree       Disagree       Neutral       Agree       Strongly agree

54. On an average school night, how many hours of sleep do you get?

4 or less       5-6 hours       7-8 hours       9-10 hours

### Mental Health

These questions are about your mental health and emotional safety.

55. I feel safe to express who I am at my school.

Strongly disagree       Disagree       Neutral       Agree       Strongly agree

56. I would tell an adult at school if I was worried about my safety.

No       Yes

57. I would tell an adult at school if I was worried about a friend's safety.

No       Yes



58. I would feel comfortable seeking help for my mental health at school.

No       Yes

59. During the past 12 months, did you ever feel so sad or hopeless, almost every day for two weeks or more in a row, that you stopped doing some usual activities?

No       Yes

60. During the last 12 months, how often does feeling sad, hopeless, worried or anxious prevent you from wanting to come to school?

Almost never       Once in a while       Sometimes       Frequently       Almost always

61. During the past 12 months, have you been concerned enough about your weight or body image that you have engaged in self-destructive behaviors?

No       Yes

62. During the past 12 months, have you ever hurt or injured yourself on purpose (without meaning to end your life)?

No       Yes

63. During the past 12 months, have you ever seriously considered attempting suicide?

No       Yes

64. During the past 12 months, if you have ever seriously thought about attempting suicide, did you tell anyone about these thoughts? (check all that apply)

No, I did not tell anyone       Yes, a friend       Yes, counselor or interventionist       Yes, an adult at school other than a counselor or interventionist       Yes, someone outside of school       I have never seriously thought about attempting suicide

65. During the past 12 months, have you ever attempted suicide?

No       Yes

66. During the past 12 months, have you experienced cyberbullying - for example, has someone used the computer, the internet, a cell phone, or other device to do something mean or hurtful to you on purpose?

No       Yes: 1 time       Yes: 2-5 times       Yes: 6 or more times



67. During the past 12 months have other students threatened, harassed or hurt you one or more times on school property?

No

Yes: 1 time

Yes: 2-5 times

Yes: 6 or more times

68. I have the knowledge and resources to keep myself safe in relationships.

Strongly Disagree

Disagree

Neutral

Agree

Strongly Agree

69. During the past 12 months, have you been physically hurt on purpose by someone you were dating or going out with?

No

Yes

I have not dated  
anyone in the past 12  
months

### Drugs, Alcohol and Tobacco

These questions are about drugs, alcohol and tobacco. Your answers are completely anonymous, so please answer honestly.

70. During the past 30 days, how many days have you used tobacco/nicotine products (cigarettes, pouches, chewing tobacco, etc.)?

0 times

Less than 5 days

5-10 days

More than 10 days

71. During the past 30 days, how many days have you used electronic vape products?

0 times

Less than 5 days

5-10 days

More than 10 days

72. During the past 30 days, how many days have you had at least one drink of alcohol?

0 times

Less than 5 days

5-10 days

More than 10 days

73. During the past 30 days, how many days have you used marijuana/THC products (this includes smoking, consuming edibles, cartridges/vaping, dabbing, tinctures, etc.)?

0 times

Less than 5 days

5-10 days

More than 10 days

74. During the past 30 days, how many days have you used medication that was not prescribed to you or used it not as directed with the intention of getting high (this includes over the counter medication and prescription medication)?

0 times

Less than 5 days

5-10 days

More than 10 days

75. What percentage of your friends use marijuana/THC products on at least a weekly basis?

0 percent

10-25%

25-50%

50-100%





76. What percentage of your friends drink alcohol on at least a weekly basis?

- 0 percent       10-25%       25-50%       50-100%

77. How wrong do you think it is for someone your age to drink alcohol?

- Very wrong       Wrong       Neutral       A little wrong       Not wrong at all

78. How wrong do you think it is for someone your age to use marijuana/THC products?

- Very wrong       Wrong       Neutral       A little wrong       Not wrong at all

79. How wrong do your parents or guardians feel it would be for you to drink alcohol?

- Very wrong       Wrong       Neutral       A little wrong       Not wrong at all

80. If you wanted alcohol, marijuana, nicotine or electronic vape products or any other drugs, how easy would it be to get on school property?

- Very hard       Hard       Neutral       Easy       Very easy

81. Have you ever done anything while drunk or high that you later regretted?

- No       Yes       I have never been  
drink or high.

82. How often do you see students driving or riding in a car or other vehicle while under the influence of drugs or alcohol?

- Never       Once in a while       Sometimes       Frequently       Often

83. If you used alcohol, marijuana, nicotine or electronic vape products or any other drugs in the past 12 months, what are the reasons you used them? (Check all that apply)

- I have not used substances       Because I was curious       To take my mind off my problems       To be more social       To have fun       To help me sleep

84. Where would you go for the best information about the risks of drugs and alcohol? (Check all that apply)

- Internet / Social Media       School Health Class       Friends       Parents       Medical Provider

85. I would like my school to help me learn more about the following (Check all that apply):

- Drug and alcohol education       Mental health supports       Technology use       Stress management       Healthy relationships



**Background Questions**

We need to know some background information about you so that we can describe the types of students who completed these questions.

86. What is your gender?

- Female       Male       Non-Binary       Prefer not to answer

87. What grade are you in?

- 6       7       8       9       10       11       12       12+ / GED

88. What is your race or ethnicity?

- American Indian / Alaska Native       Asian       Black/African American (Not Hispanic)       Hispanic / Latino / Latina       Native Hawaiian / Pacific Islander       White/Caucasia       Multiple Races / Multiracial       Not Listed Above

89. Do you identify as Lesbian, Gay, Bisexual, Transgender or Questioning?

- No       Yes       Prefer not to answer

90. Is English your first language?

- No       Yes

91. Do you have your own cell phone?

- Yes       No

92. I participate in school-related activities (sports, band, drama, clubs, or student government).

- No       Yes

93. Are you involved in any extracurricular activities outside of your school? (club sports, youth groups, etc.)

- No       Yes

94. Do you receive gifted and talented (GT) services and/or have an advanced learning plan (ALP)?

- No       Yes

95. Do you receive special education services?

- No       Yes       Prefer Not to Answer



**THANK YOU!**

Thank you for sharing your feedback with us! Please remember that there are people at school to support you if you need help with a problem. You can ask a teacher for help, or request to talk to a School Counselor, Psychologist or Social Worker.

SAMPLE FORM